

CULTURE KITCHEN

Co-op Academy Southfield Week 1-3

🌱 Vegetarian 🌿 Vegan 🍴 Halal

	MON	TUES	WED	THUR	FRI
WEEK 1	<ul style="list-style-type: none"> 🍴 Halal Beef Bolognese (Served with Pasta & Garlic Bread) 🌱 Vegetarian Chilli & Nachos (Served with Garlic Bread or Rice) 🌿 Spaghetti Marinara (Served with Garlic Bread) 	<ul style="list-style-type: none"> 🍴 Halal Chicken Rogan Josh (Served with Paratha Roti) 🌱 Cheese & Potato Flan (Served with New Potatoes) 	<ul style="list-style-type: none"> 🍴 Halal Roast Chicken (Served with Yorkshire Pudding, Roast Potatoes & Gravy) 🌱 Vegetable Cottage Pie (Served with Yorkshire Pudding) Hot Baguette (with Assorted Fillings) 	<ul style="list-style-type: none"> 🌱 Cheese & Tomato Pizza (Served with Potato Wedges & Baked Beans) 🌱 Aloo Chana (Served with Naan Bread) 	<ul style="list-style-type: none"> MSC Battered Fish (Served with Chips) 🌱 Vegetable Pakoras (Served with Chips & Riata)
	<ul style="list-style-type: none"> 🌱 Jam Sponge (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Syrup Sponge (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Apple Crumble (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Chocolate Sponge (With Chocolate Sauce) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Parkin Cake (With Custard) 🌿 Freshly Prepared Fruit
	Selection of seasonal vegetables or fresh salad served daily				
WEEK 2	<ul style="list-style-type: none"> 🍴 Halal Meat Lasagne (Served with Garlic Bread) 🌱 Spicy Vegetable Spring Roll (Served with Riata, Roast Potatoes or Sweetcorn) 🌱 Vegetarian Lasagne (Served with Garlic Bread) Hot Baguette (with Assorted Fillings) 	<ul style="list-style-type: none"> 🍴 Halal Chicken Jalfrezi (Served with Pilau Rice) 🌿 Pomodoro Sauce (Served with Fusilli Pasta & Crusty Bread) 	<ul style="list-style-type: none"> Tuna Pasta Bake (Served with Roast Potatoes) 🌱 Cheese Roll (Served with Yorkshire Pudding, Roast Potatoes & Gravy) 🌱 Quorn Meatballs (Served with Yorkshire Pudding & Gravy) Hot Baguette (with Assorted Fillings) 	<ul style="list-style-type: none"> 🌱 Cheese & Tomato Pizza (Served with Jacket Wedges & Coleslaw) 🌱 Mexican Burrito (Served with Jacket Wedges & Coleslaw) 	<ul style="list-style-type: none"> 🍴 Halal Chicken Nuggets (Served with Chipped Potatoes) 🌱 Vegetable Dippers (Served with Ketchup, Chipped Potatoes & Baked Beans) MSC Battered Fish (Served with Chips & Baked Beans)
	<ul style="list-style-type: none"> 🌱 Mandarin & Chocolate Sponge (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Honey Cake (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Ginger Sponge (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Chocolate Sponge (With Chocolate Sauce) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Lemon Shortcake (With Custard) 🌿 Freshly Prepared Fruit
	Selection of seasonal vegetables or fresh salad served daily				
WEEK 3	<ul style="list-style-type: none"> 🍴 Halal Chicken Biryani (Served with Flatbread) 🌿 Arrabiata Pasta (Served with Garlic Bread) Hot Baguette (with Assorted Fillings) 	<ul style="list-style-type: none"> 🌱 Spicy Vegetable Spring Roll (Served with Riata, Roast Potatoes or Sweetcorn) 🌱 Homemade Cheese & Onion Pasty (Served with Roast Potatoes or Sweetcorn) 	<ul style="list-style-type: none"> 🍴 Halal Aloo Keema (Served with Yorkshire Pudding) 🌱 Vegetarian Toad in the Hole (Served with Roast Potatoes & Gravy) Hot Baguette (with Assorted Fillings) 	<ul style="list-style-type: none"> 🍴 Halal Chicken Burrito (Served with Potato Wedges & Coleslaw) 🌱 Cheese & Tomato Pizza (Served with Potato Wedges & Coleslaw) 	<ul style="list-style-type: none"> MSC Battered Fish (Served with Ketchup, Chipped Potatoes & Baked Beans) MSC Salmon & Sweet Potato Fishcake (Served with Ketchup, Chipped Potatoes & Baked Beans) 🌱 Savoury Roll (Served with Jacket Wedges or Sweetcorn)
	<ul style="list-style-type: none"> 🌱 Marble Sponge (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Lemon Sponge (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Paris Sandwich (With Custard) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Chocolate Sponge (With Chocolate Sauce) 🌿 Freshly Prepared Fruit 	<ul style="list-style-type: none"> 🌱 Vanilla Sponge Cake (With Custard) 🌿 Freshly Prepared Fruit
	Selection of seasonal vegetables or fresh salad served daily				

